



CAYMAN ISLANDS FOOTBALL ASSOCIATION

DOPING CONTROL REGULATIONS

Preliminary - Doping Control

Section 1.

The following matters will be regarded as amounting to a breach of the Cayman Islands Football Association (The Association or CIFA) Doping Control Regulations:

1. The detection of a prohibited substance in a sample provided by a player;
2. The failure or refusal by a player to submit to drug testing as required by a competent official;
3. Inciting or assisting a player to use a prohibited substance
4. Willful failure to comply with the testing procedures set out in the Procedural Guidelines for the Conduct of Drug Testing
5. Interference with the conduct of a drug test or the Drug Testing Program;
6. Possession or trafficking in a prohibited substance.

Section 2.

For the Conduct of Drug Testing:

N.B. The term “Players” when used hereafter refers to football players as well as any person(s) assisting a team with it’s bench during a scheduled match and all technical support staff (Medic/Physical therapist, Coach etc.).

1. A 'prohibited substance' shall include Cocaine and Marijuana. The selected substances shall be reviewed at the end of each season and any additions or alterations to the list of substances shall be circulated before the start of the new season.
2. The expression 'prohibited substance' shall include a metabolite characteristic of a prohibited substance.
3. The expression 'trafficking' in Section 1 (6) above shall include the possession of prohibited substances or social drugs in quantities inconsistent with personal

consumption, the possession of such substances with the intent to supply, or being concerned in the supply and distribution of such substances.

4. Administrative and procedural guidelines for the conduct of drug testing are set out in the 'Procedural Guidelines for the Conduct of Drug Testing'. A departure or departures from the Guidelines shall not invalidate a finding of 'Misconduct' unless this departure casts real and substantial doubt on the integrity and reliability of the testing procedure.
5. If a laboratory detects the presence of any of the substances listed above it shall report this fact to the General Secretary of the Association. The Association may request that a player attend a personal interview. The player shall be entitled to be accompanied by one representative of his Club, a Legal Adviser and no such interview will take place without the presence of a representative of The Association. Such an interview may be recorded and may be used by The Association in any disciplinary proceedings brought against the player or the Club.
6. If a player refuses to undergo or fails to complete a period of treatment and rehabilitation, CIFA may commence disciplinary proceedings against that player for 'Misconduct'.
7. When a player undergoes a period of assessment, treatment and rehabilitation, in normal circumstances details of the analytical findings and of the fact that the player is undergoing such assessment, treatment and rehabilitation will be treated as confidential by all parties. In the event of a player refusing to undergo, or failing to complete a period of assessment, treatment or rehabilitation, CIFA may utilize all and any such information in bringing a charge against the player.
8. The Cayman Islands Football Association prohibits the independent private testing/screening of players/ staff by clubs, club officials or any other person subject to CIFA rules. Such testing/screening shall be regarded as conduct that would frustrate the objectives of The Cayman Islands Football Association's Drug Control Programme.

Disciplinary Procedures Following a 'Positive' Sample

In cases concerning the detection of Cocaine, Marijuana, or any chemically or pharmacologically related compounds to the drugs, The Cayman Islands Football Association will generally decide to commence disciplinary action against the player immediately.

The Cayman Islands Football Association may invite the player to attend a meeting with its representatives. The player has the right to be accompanied by representatives of the Club and a Legal Representative. At that meeting The Association will decide whether, in the light of the earlier explanation and any further explanations afforded, disciplinary action is appropriate or whether another course of action is appropriate.

Guideline Sanctions

In considering how to exercise its powers re Drug Control, CIFA or any Commission thereof should bear in mind these guidelines. It should be emphasized, however, that these are merely guidelines and may be departed from by CIFA or any Commission thereof in an appropriate case if they so choose.

1. Where a member is guilty of any of the offences set out in Section 2 (1-8) of the CIFA Doping Control Regulations the recommended guideline sanctions are:
 - (I) For a first offence - 3 months suspension & mandatory counselling.
 - (II) For a second offence - 6 months suspension & mandatory counselling
 - (III) For a third offence - One year suspension.
 - (IV) For a fourth offence - Life time suspension.

NB:

In the case of these drugs, however, it may well be that no period of suspension is merited, but rather that a warning should be given. If a warning is to be given, the player should be told that any subsequent offence would result in a period of suspension. Additionally, where any player is found to have taken the prohibited substances described in this paragraph, a letter should be sent to the Club Medical Officer seeking his explanation and requesting that further efforts be made to educate players as to the permissible and non-permissible forms of treatment for illness.

Procedural Guidelines for the Conduct of Drug Testing

1. General

These Guidelines should be followed as closely as is reasonably practicable. However, a departure or departures from these Guidelines shall not invalidate the finding that a prohibited substance was present in a sample provided by a player, unless such departure was such as to cast real and substantial doubt on the reliability of the finding.

- 1.2 Drug testing shall be carried out only by Independent Sampling Officers (ISO's) appointed by The Association. In conducting such testing, the ISO's shall be accompanied by a Supervising official of The Association.
- 1.3 A player may request The Association to grant him a prior exemption allowing him to take a substance prohibited by The Association. Such an exemption will only be granted in cases of clear and compelling clinical need. If a player, or a club on behalf of a player, wishes to apply for such an exemption, this request should be directed to the Medical Officer designated by The Association.
- 1.4 Drug testing may be conducted on both male and female players and the reference in these Guidelines to a player includes a player of either gender, as appropriate.
- 1.5 Testing may be conducted on those under the age of 16 years. Where a player under 16 years is to be tested, any consent or signature that is required by these rules shall be given by a representative of the player's club. It is the responsibility of each club to ensure that it has obtained permission from a person with parental responsibility for any minor, prior to written consent to the conduct of drug testing upon such a minor.

Post-Match Testing

2. Selection of Matches

- 2.1 Drug testing may be conducted at any match involving members and no prior notice shall be given either to the clubs concerned or to the players.
- 2.2 The matches at which the drug tests shall be conducted shall be decided by The Association. All matches are open to testing.

3. Selection of Players

- 3.1 In general, the selection of players for drug tests shall be made at random. At least two players from each team shall be selected.
- 3.2 In addition, however, The Association may conduct testing on designated players. Where such testing is performed, only the players so designated need to be tested.
- 3.3 The Association Supervising Official in conjunction with the ISO's appointed to conduct the test, shall contact the Secretary of the Home Club taking part in a match no earlier than the beginning of the half-time interval of the match concerned. In the case of a match to be played on neutral ground, the Secretary of the Club responsible for that ground shall be contacted.
- 3.4 A written Notice of the Guidelines shall be conveyed to a representative of the teams concerned, who shall ensure that the players selected comply with the instructions contained in The Notice. Each individual player shall also be given a copy of the written notice by the responsible official of the club, an official of The Association or by an ISO. The player must acknowledge receipt in the relevant section of The Notice.
- 3.5 If a player refuses to sign The Notice, the person giving him The Notice should immediately report this to the ISO, or “a player may, at the absolute discretion of The Association Supervising Official, be excused participation in a test if an injury or illness renders such participation impractical. In such a case a sample should be taken either from the player of the same team replacing him or from another player of that team selected at random.”

The Association Supervising Official should make every effort to contact the player to inform him of his obligation to undergo drug testing. If a player fails or refuses to sign this notice, and/or fails or refuses to report to provide a sample at the end of the game, he shall be deemed to have committed a doping offence and may be subject to sanctions.

4. Facilities for the Collection of Samples

- 4.1 Samples shall only be taken from players in the designated Drug Control Station.
- 4.2 The Drug Control Station shall, where practicable, consist of a waiting area and working room. It should be equipped with all necessary materials including collecting vessels, bottles, approved sealing equipment and beverages for the players in sealed containers. The ISO's and The Association Supervising Official shall satisfy themselves that the facilities are adequate prior to the start of testing.
- 4.3 The Drug Control Station shall be clearly identified.

5. Collection of Urine Samples

- 5.1 Once the player has been given a Notice, he must report to the Drug Control Station within 24 hours after the game. If the Drug Control Station is away from the field of play the Association's Supervising Official should transport the player there. Having reported to the Drug Control Station, the player shall remain there until the procedure is completed. He may only leave the Station under exceptional circumstances and only if accompanied by an official of The Association or an ISO.
- 5.2 Only the following persons should be allowed into the working room of the Drug Control Station: -
 - I. Officials of The Association;
 - II. The ISO's;
 - III. A representative of the player's club or an individual nominated by the player;
 - IV. Other persons as designated by The Association Supervising Official;
- 5.3 It is recommended that a Security Guard/Steward be positioned outside the Drug Control Station to keep unauthorized persons from entering the Station. A 'No Entry' sign should be prominently displayed.
- 5.4 Once a player feels that he is ready to provide a sample, he shall select a sample-collecting vessel from a number of clean, un-used vessels and proceed to provide the Sample.

- 5.5 Where a sample is to be taken from a player under 16 years of age, a representative of the same gender of that player's Club, selected by the player, must be present at all times.
- 5.6 Every player shall be requested to provide a minimum of 70ml of urine. However, any 'shortfall' in the amount of urine provided shall not invalidate the test provided there is sufficient urine for the test to be adequately performed.
- 5.7 The collection of urine should be witnessed by an ISO and supervised by an official of The Association. Both the ISO and The Association Supervising Official shall be of the same gender as the player. If a player is unable to provide the required amount of urine, his sample should be sealed and kept secure in the Drug Control Station. Once the player is ready to add to or 'top up' the urine previously provided he may return to the relevant area and provide a further sample. In the conduct of sample collection due attention will be paid to the player's personal dignity.
- 5.8 A player should be allowed the choice of two bottles from a selection of clean, unused bottles. One bottle should be marked 'Main Sample "A" ' and the other 'Reserve Sample "B" '. The samples shall then be divided by either the player or the Official into two chosen bottles. It is recommended that there be at least 30ml. However, note should be taken with regard to paragraph 5.6 above.
- 5.9 The two bottles shall be closed in the presence of the player and inserted in packaging for transit to the Laboratory. The player should ensure that the code on each bottle is the same as that entered by the Official on the player's Drug Control Form.

Signatures of the player, any accompanying representative and an official present at the Drug Control Station (whether an ISO or The Association Supervising Official) must appear on the Drug Control Form, confirming the above procedures were carried out. If the player thinks that the procedures were not carried out satisfactorily, he should declare so on the Drug Control Form and state his reasons for dissatisfaction.

If the player indicates his satisfaction with the testing on the form, this shall amount to conclusive evidence that the test was properly conducted and the player will be deemed to have waived any irregularity in the collection of the sample.

The Form

The Drug Control Form should be so devised that one original and two duplicate copies are produced at the same time. These should be distributed as follows: -

- (i) One copy to the Laboratory responsible for the analysis of the sample, which copy should not contain any information, which could identify the player providing the sample;
- (ii) one copy to the player;
- (iii) The original for onward transmission to The Association.

6. Storage and Dispatch of Samples

- 6.1 All samples should be stored in a secure place pending dispatch to the laboratory.
- 6.2 Samples should be sent to the laboratory as soon as is reasonably practicable. (No more than 48 hrs. after testing)

7. Analysis of Samples

- 7.1 The Association will endeavor to ensure that the analysis of "A" Samples is carried out as soon as possible after arrival at the designated laboratory.
- 7.2 The samples provided by players for the purpose of Drug Testing shall immediately become the property of The Association.
- 7.3 Access to the laboratory during analysis should be restricted to members of the laboratory and to authorized observers.
- 7.4 If at any stage any question, issue or problem arises in relation to the sample, the laboratory may conduct any further or other tests necessary to clarify the fact, issue or problem so raised and such tests may be relied upon by The Association in deciding whether a player has been guilty of 'Misconduct'.

8. Communication of Results

- 8.1 If the analysis of the 'Main "A" Sample' indicates the presence in the sample of a prohibited substance, The Association shall be informed as soon as is reasonably practicable. The Association shall then inform the player as soon as is reasonably practicable and shall request an explanation from the player within a designated time. Alternatively, The Association may request that a player attend in person to provide an explanation. The player shall be entitled to be accompanied by one representative of his Club and a Legal Representative. Such an interview may be recorded and may be used by The Association in any disciplinary proceedings brought against the player or Club.
- 8.2 If no satisfactory explanation is received by The Association for the result of the analysis on the 'Main "A" Sample', the Laboratory shall arrange dates, in liaison with The Association, for the conduct of testing on the 'Reserve "B" Sample'. There shall be no need to conduct analysis on the 'Reserve "B" Sample' if the player either admits the commission of a doping offence or informs The Association that he does not require such analysis to be performed. The player and his Club should be informed of the date and time of the analysis of the 'Reserve "B" Sample'. The player shall be entitled to be accompanied by one representative of his club. A representative of The Association shall also attend.
- 8.3 At the option of the player, the 'Reserve "B" Sample' may be analysed at a different IOC Accredited Laboratory from that which analysed the 'Main "A" Sample'. All costs incurred in relation to the testing of the 'Reserve "B" Sample' at a different Laboratory will be borne by the player. The two laboratories shall liaise to ensure that adequate measures are taken to preserve the security of the sample whilst it is in transit.
- 8.4 Once testing of the 'Reserve "B" Sample' is complete, a laboratory report shall be sent by the laboratory to CIFA. The Association shall also be sent, in due course, a copy of all relevant laboratory data.
- 8.5 If: -
- (i) The laboratory report discloses the presence of the same prohibited substance in the 'Reserve "B" Sample' as was detected in the player's 'Main "A" Sample',
- Or
- (ii) The player admits the commission of a doping offence
- Or
- (iii) The player waives his right to a 'Reserve "B" Sample' analysis

The test will be regarded, as 'positive' and the player shall be subject to disciplinary sanctions for 'Misconduct' in accordance with the Guidelines Sanctions section.

- 8.6 Until such time as the laboratory report on the 'Reserve "B" Sample' is received by The Association, all details of the investigation shall be treated as confidential by all persons connected with it.

Unannounced and Out Of Competition Testing

9. General

- 9.1 The Association may conduct unannounced and 'Out Of Competition Testing' on any club or player. Such testing may be conducted at training grounds or at other venues at the request of the club or The Association.
- 9.2 On all occasions when testing is conducted, an ISO shall be accompanied by a Supervising Official representing The Association.

10. Contacting the Players

- 10.1 When a Club or a player has been selected for testing, an ISO or The Association Supervising Official may make an appointment with club officials to make contact with the players at the club's training ground.
- 10.2 When an appointment has been made, it is the club's responsibility to ensure that there is no possible confusion over the date, time and precise location where the sample collection is to take place. It is also the club's responsibility to ensure that all players are available for selection for testing.
- 10.3 Where an appointment has been made and it appears that the appointment has not been kept by the club or any of its players, the ISO and The Association Supervising Official will wait for up to two hours beyond the time agreed but, thereafter, will report to The Association the fact that players from a particular club did not attend testing. In these circumstances, both the club and its players may be subject to sanctions for 'Misconduct'.
- 10.4 When an ISO and The Association Supervising Official arrive unannounced they must give the players reasonable time to complete any activity in which they are engaged. Notwithstanding this, testing should commence within one hour of first contact with the players.

11. Selection of Players

- 11.1 The selection of players for drug tests may be at random or on a basis designated by The Association. In addition, testing may be conducted at the request of the club. When 'random' testing is conducted, at least two players shall be selected for testing at any one time.
- 11.2 Where a player is subject to designated testing, whether as part of a program of rehabilitation and treatment or as part of a penalty imposed upon that player only, either at the end of a training session or at a time and place agreed between The Association and the player.
- 11.3 A written Notice of the Guidelines shall be given to each individual player selected for testing. The player shall acknowledge receipt in the relevant section of The Notice.
- 11.4 If a player refuses to sign The Notice, he shall be reminded of his obligation to undergo drug testing. If a player fails or refuses to sign this Notice, and/or fails or refuses to provide a sample, he shall be deemed to have committed a doping offence and may be subject to sanctions for 'Misconduct'.

12. Identification

- 12.1 Before drug testing is carried out, an ISO and The Association Supervising Official must show the player, and if requested, any Club Official originals or copies of: -
 - (a) An ISO identification card;
 - (b) The letter and identification card from The Association authorizing The Football Association Supervising Official to conduct drug testing on its behalf.

13. Facilities for the Collection of Samples

- 13.1 The ISO and The Association Supervising Official will make every effort to collect urine samples as discreetly as possible and with maximum privacy, but it must be recognised that circumstances may impose difficulties upon an ISO that cannot be easily overcome.
- 13.2 In all other respects the samples shall be collected in accordance with the procedures laid down in paragraph 5.4 of these Guidelines.

14. **Further Procedures**

14.1 Once a sample has been collected it shall be dealt with in accordance with paragraphs 6 to 8 of the Guidelines.

15. **Confidentiality**

A Player has the right to access any information held in relation to the Doping Control Programme.

The Association will periodically publish reports in summary form of all tests undertaken on players.

The Association may publish in the public press or otherwise certain matters, including the fact of proceedings, in the event of disciplinary proceedings.